



HEALTH  
SKILLS  
AUSTRALIA



# CHC40608 CERTIFICATE IV IN LEISURE AND HEALTH

This qualification addresses work in residential facilities and/or in community agencies and day centers and work under professional supervision within defined organisation guidelines or as sole practitioners. Workers at this level:

- Assist with design, implementation and evaluation of health and leisure activities and programs for clients in one or more sector areas
- May be responsible for other workers.

Occupational title may include:

- Activities officer
- Day Support
- Leisure officer
- Diversional therapy assistant
- Disability officer day support
- Community leisure officer
- Recreation activities officer

## Packaging Rules

16 units must be selected for this qualification including:

- 9 compulsory units
- 7 elective units





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## Compulsory

<b>CHCCOM403A*</b>	Use targeted communication skills to build relationships
<b>CHCCS400A*</b>	Work within a relevant legal and ethical framework
<b>CHCCS401B*</b>	Facilitate responsible behaviour
<b>CHCICS405A*</b>	Facilitate groups for individual outcomes
<b>CHCOHS312A*</b>	Follow safety procedures for direct care work
<b>CHCORG405C*</b>	Maintain an effective work environment
<b>CHCRH401A*</b>	Work effectively in the leisure and health industry
<b>CHCRH402A*</b>	Undertake leisure and health programming
<b>CHCRH404A*</b>	Plan, implement and monitor leisure and health programs

## Elective

<b>CHC4H405A*</b>	Plan leisure and health programs for clients with complex needs
<b>CHCRH406A*</b>	Apply knowledge of human behaviour in leisure activity programs
<b>CHCRH407A*</b>	Apply sociological concepts to leisure and health
<b>HLTAP401A*</b>	Confirm physical health status
<b>HLTHIR403B*</b>	Work effectively with culturally diverse clients and co-workers
<b>HLTFA301B**</b>	Apply First Aid
<b>CHCAC319A**</b>	Provide support to people living with dementia

## Client(s):

Students are those working in the field of leisure and health in aged care or those who are looking for a career in leisure and health. The ideal student would be one who has some activities responsibilities or whose workplace can provide opportunities to practice the skills encompassed in the course.



## Delivery and assessment arrangements

### Duration

The program is delivered over a period of 30 weeks plus a practicum of 160 hours

### Organisation

The course is delivered in the classroom or on the job.

The program has been organized to provide students with general skills, background information and specific knowledge about diversional therapy, which is then applied in discussion, questioning, role-plays and projects for the industry specific units.

### Name of RTO

Health Skills Australia

### Delivery modes

The program is delivered either in the job or in the classroom. Training delivery combines face-to-face trainer led theory classes and practical sessions involving small group and individual activities including what it scenarios, questioning, role-plays and simulations.

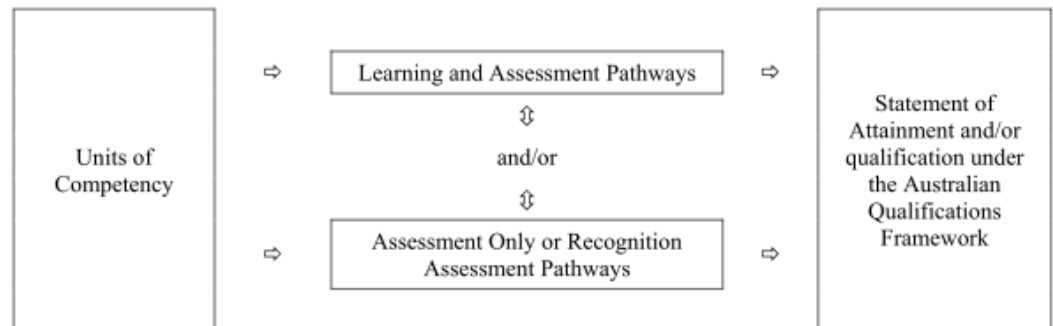
Candidates are provided with workbooks that cover all parts of the course. Additional material will be made available during training sessions if required.

Trainees are visited on site at a mutually agreed time (but not less than 4 face to face visits per year) by a trainer at which a training session and / or assessments are conducted.



## Pathways:

Assessment under the Community Services Training Package leading to an AQF qualification or Statement of Attainment may follow a learning and assessment pathway, an assessment-only or recognition pathway, or a combination of the two as illustrated in the following diagram.



Each assessment pathway leads to full recognition of competencies held — the critical issue is that the candidate is competent, not how the competency was acquired. Assessment, by any pathway, must comply with the assessment requirements set out in the Assessment

