

CHC40608

## Certificate IV in Leisure and Health

Health Skills Australia is committed to making a positive difference to the lives of people in care by providing excellence in health care training. Established in 2005 and acquired by Navitas Limited in May 2010, we are a Registered Training Organisation (RTO) recognised as a specialist educator in the field of health care.

### Why study this course?

The program has been developed to provide students with general skills, background information and specific knowledge about the health, leisure and wellbeing needs of people in residential aged care facilities and the community.

### Who should study this course?

This course has been designed for those working in the field of leisure and health in aged care, people with disabilities or the disadvantaged. It is also for those who are looking for a career in leisure and health.

The ideal student is one who has some responsibilities for activities and who assists with the design, implementation and evaluation of health and leisure activities and programs, or whose workplace can provide opportunities to practice the skills encompassed in the course.

### Career outcomes

With this certification, some occupations may include:

- Diversional Therapy Assistant
- Activities Officer
- Community Leisure Officer
- Leisure Officer
- Disability Officer – Day Support
- Recreation Activities Officer

### Further study opportunities

Articulation is possible into Certificate IV in Allied Health or Enrolled Nursing, and this is assessed on an individual basis by the educational provider.

### Entry requirements

Students must possess adequate literacy and numeracy skills in order to manage the demands of the course. Students must complete a language, literacy and numeracy test with Health Skills Australia prior to confirmation of a place in the course.

### Delivery style

The program is delivered in the classroom, although students have work to do at home and online. Training delivery combines face-to-face trainer led theory classes and practical sessions involving small group and individual activities, with scenarios, questioning, role-plays and simulations.

### Duration

The duration of the course is 30 weeks plus 160 hours of clinical placement.



Contact us to find out more on:

Phone: 1300 306 886 | Email: [info@healthskills.com.au](mailto:info@healthskills.com.au) | [www.healthskills.com.au](http://www.healthskills.com.au)

### Course Outline:

- 13 compulsory units
- 3 elective units

### Below is a sample course outline:

#### Core Unit

<b>CHCCOM403A</b>	Use targeted communication skills to build relationships
<b>CHCCS400A</b>	Work within a relevant legal and ethical framework
<b>CHCCS401B</b>	Facilitate responsible behaviour
<b>CHCICS405A</b>	Facilitate groups for individual outcomes
<b>CHCOHS312A</b>	Follow safety procedures for direct care work
<b>CHCORG405C</b>	Maintain an effective work environment
<b>CHCRH401A</b>	Work effectively in the leisure and health industry
<b>CHCRH402A</b>	Undertake leisure and health programming
<b>CHCRH404A</b>	Plan, implement and monitor leisure and health programs
<b>CHCRH405A</b>	Plan leisure and health programs for clients with complex needs
<b>CHCRH406A</b>	Apply knowledge of human behaviour in leisure activity programs
<b>CHCRH407A</b>	Apply sociological concepts to leisure and health
<b>HLTAP401A</b>	Confirm physical health status

#### Elective Unit

<b>HLTFA301B</b>	Apply first aid
<b>HLTHIR403B</b>	Work effectively with culturally diverse clients and co-workers
<b>CHCAC319A</b>	Provide support to people living with dementia



### Recognition of Prior Learning (RPL), Recognition of Current Competency (RCC) or Credit Transfer (CT)

RPL, RCC or CT may be granted to students who have completed units of competency that directly match the Health Training Package units. This will be reviewed on an individual basis and the student must apply using the appropriate forms and include all the necessary supporting documentation. A fee also applies for this assessment.

### Cost

Course fees vary by state and are based on a number of different factors. There are also several government funding programs available that may help with the cost of tuition, or we can assist you with arranging an individual payment plan.

Call us to discuss the most appropriate funding option for you.

### Assessments

A variety of methods are used throughout this course including presentations, class discussions, assignments, practical demonstrations, short tests, essays, workbooks and case studies. Each unit is assessed in the classroom / practical lab and in the clinical setting to determine a student is competent against the elements and performance criteria.

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