

CHC50308

## Diploma of Community Services (Mental Health)

Health Skills Australia is committed to making a positive difference to the lives of people in care by providing excellence in healthcare training. Established in 2005 and acquired by Navitas Limited in May 2010, we are a Registered Training Organisation (RTO) recognised as a specialist educator in the field of healthcare.

### Why study this course?

This course has been designed to provide you with specialist skills, background information and specific knowledge to enable you to deliver counselling, referral, advocacy and education/health promotion services to clients suffering from a mental illness.

- ▶ You will also learn skills that will assist in areas including:
- ▶ Reducing client depression
- ▶ Improving client general health
- ▶ Improving client mobility
- ▶ Decreasing incidents of infection and falls
- ▶ Developing better relationships with clients

On completion of this course you will demonstrate high level specialist knowledge and skills in areas of mental health including:

- ▶ Laws affecting clients
- ▶ The range of services available to clients
- ▶ Health issues related to mental health

The course has a specific emphasis on dementia and depression, two of the most common mental illnesses found in aged care. As most dementia cases are progressive in nature, the units dealing with recovery (CHCMH404A, 409A and 501A) focus on strategies and skills for dealing with non-recoverable illness.

### Who should study this course?

This course is suitable for those working in the field of aged, home or community care in dementia specific units or where mental health issues among clients or residents have been identified as significant.

### Career outcomes

This course is designed to assist those wanting to work in areas of community rehabilitation, such as:

- ▶ Support Worker
- ▶ Mental Health Outreach Worker
- ▶ Mental Health Rehabilitation Worker
- ▶ Community Support Worker
- ▶ Mental Health Community Worker
- ▶ Support Worker (Aged Care)

### Entry requirements

Must hold a Certificate IV or higher in Nursing, Aged Care or Mental Health or have experience working in a mental health environment.

### Delivery style

The course is delivered using blended learning strategies, including a web-based component, classroom discussion, questioning, role-plays and projects.

A clinical placement of 280 hours is required to enable you to put the theory you learn into practice.

### Duration

This program is delivered part time.

### Workload

- ▶ 4 hours per week on campus
- ▶ 4 hours per week self directed study
- ▶ 280 hours of clinical placement



Contact us to find out more on:

Phone: 1300 306 886 | Email: [info@healthskills.com.au](mailto:info@healthskills.com.au) | [www.healthskills.com.au](http://www.healthskills.com.au)

## Course outline

- 15 units
- 2 elective units

Below is a sample course outline:

### Core Unit

<b>HLTOHS300A</b>	Contribute to OHS processes.
<b>HLTOHS400A</b>	<b>[Pre-requisite HLTOHS300A]</b> Maintain OHS processes.
<b>CHCAD504A</b>	Provide advocacy and representation services.
<b>CHCAOD510A</b>	Work effectively with clients with complex alcohol and /or other drug issues.
<b>CHCCOM403A</b>	Use targeted communication skills to build relationships.
<b>CHCCS504A</b>	Provide services to clients with complex needs.
<b>CHCCW503A</b>	Work intensively with clients.
<b>CHCMH401A</b>	Work effectively in mental health settings.
<b>CHCMH402A</b>	Apply understanding of mental health issues and recovery processes.
<b>CHCMH404A</b>	Conduct assessment and planning as part of the recovery process.
<b>CHCMH409A</b>	Facilitate consumer, family and carer participation in the recovery process.
<b>CHCMH501A</b>	Provide advanced supports to facilitate recovery.
<b>CHCORG428A</b>	Reflect on and improve own professional practice.
<b>CHCPOL501A</b>	Access evidence and apply in practice.
<b>CHCPROM503A</b>	Provide community focused promotion and prevention strategies.

### Elective Unit

<b>CHCAC416A</b>	Facilitate support responsive to the specific nature of dementia
<b>CHCAOD402A</b>	Work effectively in the alcohol and other drugs sector
<b>HLTEN510A</b>	Implement and monitor nursing care for consumers with mental health conditions



## Recognition of Prior Learning (RPL), Recognition of Current Competency (RCC) or Credit Transfer (CT)

RPL, RCC or CT may be granted to students who have completed units of competency that directly match the Health Training Package units. This will be reviewed on an individual basis and the student must apply using the appropriate forms and include all the necessary supporting documentation. A fee also applies for this assessment.

## Cost

Course fees vary by state and are based on a number of different factors. There are also several government funding programs available that may help with the cost of tuition, or we can assist you with arranging an individual payment plan.

Call us to discuss the most appropriate funding option for you.

## Assessments

A variety of methods are used throughout this course including presentations, class discussions, assignments, practical demonstrations, short tests, essays, workbooks and case studies. Each unit is assessed in the classroom / practical lab and in the clinical setting to determine a student is competent against the elements and performance criteria.

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